

Keyworth & District U3A

Cycling - Programme 2016

All rides start from Keyworth unless otherwise stated.

New riders should contact the Group Leader for the day's meeting point.

8 th Jan 10:00am	Circular Nottingham Urban Ride. River, Canal & City 25 miles	Leader	J O'D
19 th Jan 09.45am	Circular – Keyworth, Kinoulton, Cropwell Bishop, Cropwell Butler, Upper Saxondale, Radcliffe, Holme Pierrepont, Tollerton or variation incld Hose & Colston Bassett 22 or 30miles	Leader	Roy
5 th Feb 10.00am	Circular – Keyworth to Wilford Toll Bridge then using new A453/tramway cycle paths incorporating the villages of Barton and Thrumpton 27 miles	Leader	Paul
16 th Feb 10:00am	Circular – Keyworth, Grimston, Saxelbye, Hoby, Thrussington, Seagrave, Six Hills, Wymeswold & Wysall 28 miles	Leader	Roy
4 th Mar 10:00am	Circular – Keyworth, Tollerton, Grantham Canal, Harby 30-35 miles	Leader	Brian
15 th Mar 10:00am	Keyworth, East Leake, Gotham, Kingston, Kegworth, Long Lane, Sawley Marina, Beeston Lock, etc. 34 miles	Leader	John O'D
1 st April 10:00am	Circular Colston Bassett to Newark 35 miles Note: 10.00am Start at Colston Bassett	Leader	David
19 th April 10:00am	Circular Erewash Trail 27 Miles Note: 10.00am Start at Attenborough	Leader	Mike
6 th May 10:00am	Circular Keyworth, Zouch, Barrow on Soar 30 Miles Note: 10.00am Start at Attenborough	Leader	Brian
17 th May 10.00am	Water Rail Trail – Skellingthorpe to Bardney 26 miles Note: 10.00am Start at Skellingthorpe Community Centre	Leader	Richard
3 rd Jun 10:00am	Circular Keyworth, Farndon - using in part the old A46 50 miles Note: Meet 09.30am Junction of Thurlby Lane/Station Road	Leader	Adriana
21 st Jun 10.00am	Circular – Attenborough, Bramcote, Stanford by Dale, Morley Smithy, Chaddeston, Ockbrook, and Breaston Spondon etc. 40 miles Note: 10:00am Start at Attenborough	Leader	Mike
26 th Jun	Cycle Live (Great Nottinghamshire Bike Ride) Details :- www.cyclelivenottingham.co.uk		

Note - The above Cycling Programme provides a framework only. Rides may be switched, changed, or cancelled for various reasons i.e. adverse weather or leaders other commitments.

All mileages are approximate.

Keyworth & District U3A

Cycling - Programme 2016 (continued)

1 st July 09.30am	Fongers Majestic 45 th Birthday Celebration Ride Approx 25 Miles	Leaders	Fongers & Adriana
19 th July 10:00am	Circular Keyworth, Mountsorrel and Swithland Approx 35 miles	Leader	John W
5 th Aug 10:00am	Circular Holme Pierrepont, Southwell 42 miles Note: 10:00am Start at Holme Pierrepont	Leader	David
16 th Aug 10:00am	Circular – Keyworth, Tollerton, Trent Bridge, Clifton Bridge Clifton Village, Gotham, Sutton Bonington, Zouch, East Leake 34 miles	Leader	Roy
2 nd Sept 10:00am	Circular – Keyworth, Tollerton, Grantham Canal A52 (Holmes House), Radcliffe, Gunthorpe, Caythorpe, Burton Joyce, Stoke Lane, Colwick, Trent Bridge 35-40miles	Leader	Ian
10 th Sep	Nottingham Historic Churches Ride		
20 th Sep 10:00am	Tamworth - Twycross Circular 33 miles Note: 10:00am Start at Measham	Leader	Tony
27 th Sep 09.30am	Tissington & High Peak Trails, Carsington Water, Ashbourne 32 miles Note: 09.30am Start at Ashbourne	Leader	Tony
7 th Oct 10.00am	Circular - Keyworth, Hickling, Long Clawson, Waltham on the Wolds, Stathern, Harby, Colston Bassett, Kinoulton or Cotgrave 33 miles	Leader	Mike
18 th Oct 10.00am	Circular - Keyworth, Frisby on the Wreake, & Rotherby etc, 30 miles	Leader	John W
4 th Nov 10.00am	Circular Keyworth, Kinoulton, Cropwell Bishop, Tithby, Bingham East Bridgford, Gunthorpe Bridge, Shelford & ROT 30 miles	Leader	Roy
15 th Nov 10:00am	Circular Keyworth, Widmerpool, Willoughby, Saxelby, Long Clawson, Nether Broughton, Hickling, Kinoulton or Cotgrave 31 miles	Leader	John W
2 nd Dec 10:00am	Circular Keyworth, Normanton on Soar (Planning Ride) 28 miles	Leader	Roy
20 th Dec 10.30am	“Ride and Stagger” - Venue to be arranged 15 miles	Leader	All

Note - The above Cycling Programme provides a framework only. Rides may be switched, changed, or cancelled for various reasons i.e. adverse weather or leaders other commitments.

All mileages are approximate.