

Keyworth & District U3A

Cycling - Programme 2019

All rides start from the Village Hall in Keyworth at 10.00 am unless stated.

Date	Route	Leader /Distance
4 Jan	Gotham, Kingston, Sutton Bonington, Normanton, Stanford, Cotes, Burton on the Wolds, Wymeswold, Wysall	Tony 27
15 Jan	Hickling, Long Clawson, Colston Bassett, Cropwells, Upper Saxondale, ROT, Holme Pierrepont	Ian 30
1 Feb	Southwell Leisure Centre, Halam, Edingley, Farnsfield, Hexgreave Park, Bilsthorpe, Eakring, Kneesall, Norwell, Caunton, Knapthorpe, Hockerton, Southwell Note: 10.00am Start at Southwell Leisure Centre	Roy 26
19 Feb	A453 - Tollerton, R Trent, Wilford, Barton, Kegworth, E Leake, Wysall	Paul 30
1 Mar	Water Rail Way Washingborough, Route 1 to Kirkstead, & Tattershall Castle. Note: 10.00am Start at Washingborough	Mike W 39
19 Mar	Circular Holme Pierrepont, Southwell Note: 10.00am Start at Holme Pierrepont	Brian 42
5 April	Erewash Trail Note: 10.00am Start at Attenborough	Roy 27
16 April	Wymondham Windmill Circular Note: 10.00am Start at Wymondham	Richard 22
3 May	Asfordy – details to be developed	John W 30
21 May	Kinoulton, Cropwells, Tithby, Barnstone, Granby, Redmile, Belvoir, Eastwell, Long Clawson, N Broughton, Old Dalby, Willoughby, Widmerpool	David James 42
7 Jun	Derbyshire Trails. Note: 10.00am Start at Ashbourne	Tony 30
18 Jun	Farndon, up old A46, East Bridgford etc and return	David G 50
23 Jun	Cycle Live (Great Nottinghamshire Bike Ride) Details :- www.cyclelivenottingham.co.uk	

Cycling Programme 2019 (continued)

5 July	Leicester Heritage – details to be developed	Val
16 July	Southwell, Rainworth, Route 6, Vicar Water, Kings Clipstone, Bilsthorpe, Southwell Trail Note: 10.00am Start at Southwell Leisure Centre	Mike W 30
2 Aug	Circular Newark to Fledborough Viaduct Note: 10.00am Start at Newark	Adriana 30
20 Aug	ShIPLEY Park – details to be developed	Val
6 Sept	East Leake, Gotham, Kingston, Sawley, Trent Lock etc	John O 30
17 Sep	Mountsorrel – details to be developed	John W 30
4 Oct	Measham / Tamworth circular Note: 10.00am Start at Measham	Tony 32
15 Oct	Bunny, Leakes, S Bonington, Normanton, Stanford, Cotes, Barrow, Mountsorrel Sileby, Seagrave, Wymeswold, Wysall	David James 35
1 Nov	Circular Mountsorrel, Swithland etc	John O 35
19 Nov	Nottingham Urban	Ian 25
6 Dec	Willoughby, Normanton OS, Sutton Bonington etc, plus 2020 planning	Roy 26
17 Dec	Ride & Stagger - TBA	All

Note - The above Cycling Programme provides a framework only. Rides may be switched, changed, or cancelled for various reasons i.e. adverse weather or leaders other commitments.

All mileages are approximate.