

## Keyworth & District U3A

### Cycling - Programme 2010

All rides start from Keyworth unless otherwise stated.

New riders should contact the Group Leader for the day's meeting point.

20 <sup>th</sup> April 10:00am	Melton Mowbray Circular.  25 miles	Leader	Tony
30 <sup>th</sup> April 10:15am Village Hall	Circular - Wysall, Burton on the Wolds, Seagrave, Hoby, Six Hills, Willoughby and Widmerpool.  28 miles	Leader	Roy
18 <sup>th</sup> May 10:00am	Circular - Holme Pierrepont, R. Trent to Clifton Bridge, Attenborough, Beeston Lock, return via Beeston Canal.  35 miles	Leader	Roy
28 <sup>th</sup> May 10:00am	Harby, Bottesford return.  35 miles	Leader	Maurice
15th June 09:30am Transport to Whitwell	Rutland Water Circular.  23 miles	Leader	Maurice
20 <sup>th</sup> June	Great Nottinghamshire Bike Ride – Registration starts April. Options of 18, 50, or 75 miles		
25 <sup>th</sup> June 10:00am	Circular – Loughborough, Grand Union Canal, Barrow on Soar.  27 miles	Leader	Roy
20 <sup>th</sup> July 10:00am	Belvoir Castle Circular.  35 miles	Leader	Tony
30 <sup>th</sup> July Start at Norwell at 10.00am	Norwell to Ossington, Laxton, East Markham, Grove, Treswell, East Drayton, Sutton on Trent, Norwell. City County Forrest Book – Route 34  36 miles	Leader	David
17 <sup>th</sup> August 10:00am	Circular – Ruddington, Clifton, Beeston Marina, Trent Lock, Sawley Marina, East Leake.  30 miles	Leader	Ivan
27 <sup>th</sup> August 9:30am Transport required	Derbyshire - Tissington Trail or High Peak Trail or Carsington Water.  26 miles	Leader	To be decided

Note - The above Cycling Programme provides a framework only. Rides may be switched, changed, or cancelled for various reasons i.e. adverse weather or leaders other commitments. All mileages are approximate.

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### Cycling - Programme 2010 (continued)

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<b>11<sup>th</sup> Sept. Saturday</b>	<b>Notts Historic Churches' Trust Sponsored Ride and Stride – 10:00am till 6:00pm</b>		
<b>24<sup>th</sup> Sept. Start at Orston at 10.00am</b>	Circular – Orston towards Newark and the Long Bennington area.  <b>30 miles</b>	<b>Leader</b>	<b>David</b>
<b>19<sup>th</sup> Oct 10:00am</b>	Circular Radcliffe on Trent, East Bridgford, Car Colston, Scarrington Orston.  <b>33 miles</b>	<b>Leader</b>	<b>Roy</b>
<b>29<sup>th</sup> Oct 10:00am</b>	To be arranged.  <b>0 miles</b>	<b>Leader</b>	
<b>16<sup>th</sup> Nov 10:00am</b>	To be arranged.  <b>0 miles</b>	<b>Leader</b>	
<b>26<sup>th</sup> Nov 10.00am</b>	To be arranged.  <b>0 miles</b>	<b>Leader</b>	
<b>21st Dec 10:00am</b>	To be arranged.  <b>0 miles</b>	<b>Leader</b>	
<b>31st Dec 10:00am</b>	To be arranged.  <b>0 miles</b>	<b>Leader</b>	

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