



KEYWORTH & DISTRICT U3A

e-News March 2019

No. 11

Members' News

A very warm welcome to our new members who we hope will find fun and pleasure with us:- Christine Cithbert; Patrick Faithfull; David Sheppard

ANNUAL GENERAL MEETING 2019

The 10th Annual General Meeting of Keyworth & District U3A will be held in the Methodist Church, Selby Lane, Keyworth, on Tuesday, 23rd April 2019, commencing at 2.30 p.m.

Any member resolution to be considered at the meeting should be sent to the Secretary in writing, signed by the proposer and a seconder, to arrive no later than 9th April 2019.

The back page of this newsletter carries a nomination form for the committee. This should be completed for any person being proposed to the committee and sent to the secretary to arrive no later than 9th April 2019.

AGENDA

- 1 Apologies for absence
- 2 Minutes of the 2018 Annual General Meeting (available on the website)
- 3 Any matters arising from item 2
- 4 Chairman's report
- 5 Treasurer's report and adoption of the accounts
- 6 Appointment of Examiner of accounts
- 7 Consideration of any resolutions received
- 8 Election of honorary officers and committee members
- 9 Closure of meeting

Secretary: Jackie Fisher, 21 Brockwood Crescent, Keyworth, Nottingham, NG12 5HQ

Web Site

For members with access to the internet our web site is regularly updated with news, events and pictures. Do please visit at:- <http://www.keyworthu3a.org.uk/>

PROGRAMME

MONTHLY MEETINGS

A brief synopsis of each talk is given elsewhere in this issue.

2019

- MARCH: 26th *A Modern Alchemist*
Steve Judge
- APRIL: 23rd *George Green - the man, the maths and the mill*
Sam Boote
- MAY, 28th *Welcome to my World - Butler to the Royal family and Film Stars*
William French
- JUNE, 25th *50 Shades of Graham*
Graham Keal
- JULY 23rd *Big Cats*
Barbara Mayer
- AUGUST 27th *The Arkwrights - Spinners of Fortune*
The Arkwright Society
- SEPTEMBER 24th *East Midlands Immediate Care Scheme*
Tim Gray
- OCTOBER 22nd *The Life of William Coltman VC*
Tim Coltman

Monthly Meetings are held on the fourth Tuesday of each month in Keyworth Methodist Church. Doors open at 2 pm for a beverage, biscuit, opportunity to book New Horizon events, Lunch Group meals, and to chat with other members.

TALKS BEGIN PROMPTLY AT 2.30 PM

REMINDERS

Members are reminded that any change in their circumstances, address, email address and, where relevant, a change in Gift Aid circumstances should be notified to the Membership Secretary.

Our data protection policy does not allow a group Leader to pass on this information, it has to be sent by the member for us to be able to act upon it.

First Aid Course

On Thursday fourteenth of February twenty two U3A members attended a First Aid session at the Methodist Hall run by the British Red Cross and it was excellent.

Our volunteer trainer, Theresa Holmes was friendly, clear amusing and full of common sense!

Theresa, a former nurse reminded us on several occasions that as first aiders we are not medical professionals and therefore we simply do our best to make someone as comfortable as possible by removing items affording immediate danger and keep the person as safe as possible.

We now know there is no need to do mouth to mouth resuscitation as continuous chest compressions are sufficient to sustain life. Equally placing someone in the prone position because they are breathing but unresponsive only requires grabbing hold of the persons clothing and pulling them onto their side and keeping them there with their head tilted backwards.

Place an ice pack on a strain or sprain and get the person to rest. There is no need to design a triangular bandage or create further discomfort.

Always try to stay calm and call the professionals. The reoccurring instruction was to assess the situation, get someone to dial 999 and use your eyes, ears and common sense.

For all of us it is worth noting that the Red Cross has a first aid app redcross.org.uk/app and that we can all learn a bit more by going onto the Red Cross web site redcross.org.uk/firstaid

This is probably the most productive two hours I've spent in a long time.

Sue O'Donoghue.

Now we are 10 Programme

	Performances
Performers	Time
Yoga	11.00 am
Singing for Fun	12.00 am
Ukulele	1.25 pm
Poetry/Play Reading	2.00 pm
Circle Dancing	2.15 pm

Musical interludes from the Listening to Music Group

All performances will be about 15 minutes long.

Displays

A timeline display of what our U3A has achieved in ten years together with displays from groups telling their stories

FORTHCOMING Monthly Meetings

2019

March - Steve Judge - A Modern Alchemist

Steve Judge was two times World Champion in the sport of Paratriathlon. Following a near fatal car accident resulting in both legs being crushed, Steve was told he may never walk again. Through setting goals and working towards them he was able to achieve rehabilitation and then move onwards to eventually become a World Champion in his sport of paratriathlon.

Now as an entrepreneur Steve runs his own business with his ongoing principles to help people, inspire others and motivate many.

April - Sam Boote: George Green, the Man, the Maths and the Mill

George Green was born into a milling family but developed into one of England's greatest mathematicians. His pioneering work in Calculus persists to this day, and is widely used in modern industry and engineering.

This talk gives some insight into this unassuming, but remarkable, man as well as into the history of Nottingham.

May - William French: Welcome to My World

William has worked as butler to the Royal Family and other stars. This talk will give you a tour through William's life as a butler with glimpses of what it was like to serve on the Royal Yacht and tales from his career with the Royal family to current times. He will explain how he came to sign up for the Royal Navy at the tender age of 15½ eventually moving on to work as a butler to many distinguished or famous people, including a lord, touring with the original cast of calendar girls and butlering for Tom Cruise and Nicole Kidman.

June 2019 - Graham Keal: 50 Shades of Graham

Graham talks about his 30 plus years as a showbiz reporter. He has been interviewing TV celebrities throughout that time, Oprah included. It is a comic miscellany of life lessons learned along the way, including what not to say after an intimate encounter and those 'men are from Mars, women are from Venus' moments. His anecdotes include: why Sir David Attenborough made eyes at him; what made Jimmy Tarbuck such a pain, and why Oprah touched Graham's elbow.

July 2019 - Barbara Meyer: Big Cats

The Big cat talk will introduce the audience to the world of tigers, leopards and other large cat species. Wildlife photographer Barbara Meyer will explain which cat species are considered to be 'big cats', where they live and the problems they are facing in their natural habitat. The talk will also cover what conservation efforts may prevent big cats from becoming extinct.

Indonesia

This item was received via our web site. Our Monthly meeting programme is full for the year but it might be an opportunity for a group. If so please make contact direct.

Hope the email finds you well. My name is Debby Lin-Read and I work in the Department of Research and Innovation at the University of Nottingham.

We have recently been allocated an Indonesian language and culture tutor, fully funded by the Indonesian government, to promote Indonesian cultures in the UK. The tutor has had varied experience of teaching the languages and cultures overseas (e.g. in Australia) and will be based in Nottingham from March to July.

I wonder if U3A would be interested in hosting an event among your members in which the tutor can introduce the Indonesian culture? It will be free of charge and I am sure the tutor will be happy to contribute. This is to capitalise her time in Nottingham while she delivers two evening Indonesian language classes at the University. If any of your members would be interested in learning the languages please share the following link with them:

<https://www.nottingham.ac.uk/language-centre/evening-classes/index.aspx>

2019 is the 70th anniversary of UK-Indonesian diplomatic relations and the Indonesian Embassy in London will be hosting a series of cultural events as part of the celebration. With this Indonesian tutor in Nottingham, we are hoping she'll be able to help people to get to know Indonesia better- it is truly a country rich with cultures.

VILLAGE QUIZ

The Quiz is now well under way, running on most forthcoming Monday evenings. Our **U3APals** team were up against Scouts Uniformed Branch in their second round match on 4th March. After negotiating some tricky rounds in which both teams struggled, **Pals won through 48-41, and now progress to the quarter finals, being up against the other Scouts team (Turkey Trotters) on 18th March, again in the fourth match of the evening at 9.10pm.**

YOUR U3A COMMITTEE NEEDS YOU !!

From the Chairman - Time is rapidly approaching for our April AGM, so do please seriously consider offering to be nominated to join the committee. It is really important that we have a good representation to continue the effective running of our magnificent U3A.

Robin.

The Wildlife and Conservation Group has some places available on an outing on Friday 26th July 2019 to visit in the morning a quite new Lincolnshire Wildlife Trust reserve at Willow Tree Fen. Then in the afternoon a 2 hour tour of Vine House Farm on tractor and trailer followed by a BBQ.

Vine House Farm is a major supplier of bird seed and grows much of its seed on the far, This visit is times to coincide with the sunflower fields being in bloom.

Travel is by coach and costs £28.50 pp including coach, tour and BBQ

If interested in joining the day please contact Howard & Jackie Fisher email: handjaf@virginmedia.com or 0115-937-2898

NEW HORIZONS

2019

MARCH: Saturday 23rd March “Now We Are 10” event in the Village Hall, come and celebrate our Tenth Anniversary and see how far we have come in the last 10 years.

This will be a drop-in event from 10 am to 3.00 pm. An official opening at 10 am by our Chairman.

There will be in-house entertainment and a display showing how we have developed over our first ten years of existence. Together with displays by our groups.

Refreshments available throughout the event.

A special event cake will be cut at 1.15p.m. and the event will finish with a toast to our U3A's future at 3.00 p.m.

See earlier page for the programme timings.

MAY: Wednesday 1st May, Malvern town and a guided tour of The Morgan Motor Factory and entrance to the museum.

The morning will be spent in Malvern town centre. There is a lot to see and plenty of places to have lunch before leaving Malvern at 1.00 pm for the short journey to the Morgan Car Factory.

Morgan cars was founded in 1909 and are famous for their unique blend of charisma, craftsmanship and performance. Every Morgan is hand crafted using three core elements: ash, aluminium and leather and you will see all aspects of the Morgan manufacturing production during your visit. The tour will last about 2 hours and finishes with a visit to the museum, where you can see a film about Morgan. After you can visit the shop and the cafe before leaving for home at 4.30 pm.

PLEASE NOTE YOU WILL BE WALKING AND STANDING FOR ABOUT 2 HOURS AND THERE ARE NO SEATS OR PUBLIC RESTING PLACES DURING THE TOUR. DISABLED VISITORS ARE WELCOME, IF USING A WHEELCHAIR NEW HORIZONS MUST BE INFORMED AT TIME OF BOOKING.

Travel by coach. Cost £39. Vouchers on sale at the March monthly meeting or contact Jackie Fisher on 0115-937-2898.

The National Holocaust Centre and Museum, Laxton Thursday July 25th

Travel by the Community bus and car share. £20.50 which includes a light lunch, travel and entry to the centre.

Vouchers on sale May and June Monthly meetings.

KEYWORTH & DISTRICT U3A
NOMINATION FOR OFFICERS AND COMMITTEE MEMBERS
10th ANNUAL GENERAL MEETING 23rd APRIL 2019

The Committee is formed with up to 12 members to include the four Officers. All Committee Members and Officers have to be nominated and elected on an annual basis.

Nominations have been received from some of the members named below, where appropriate their current position or responsibilities have been shown. In the event that nominations exceed positions a ballot will be conducted at the AGM. Fully paid-up members may nominate any other fully paid-up member for any position as an Officer or member of the Committee.

Nominations must be in writing, stating the position to which the person is being nominated, be proposed and seconded and then counter-signed by the person nominated, to signify their willingness to stand for the position.

Nomination forms must be in the hands of the Secretary, Jackie Fisher, 21 Brockwood Crescent, Keyworth, Nottingham, NG12 5HQ no later than 14 days prior to the date of the AGM (i.e. **9th April 2019**).

There are currently vacancies for Committee members. Willingness to serve and support our U3A is the main requirement..

Nominations are required from the membership for all of the positions below:

Officers **Current responsibilities**

Robin Wilcockson	Chairman
Jean Hogg	Vice Chairman
Jackie Fisher	Secretary
Stuart Bailey	Treasurer

Committee Members **Current responsibilities**

Peter Edge	Website Manager; Representative to Notts Network
Howard Fisher	Membership Secretary and Editor
Anne Townsend	Speaker Finder
.....	Publicity
Sue O'Donoghue	New Horizons Representative
Peter Harding	Groups Co-ordinator
.....	Committee member

(Note: All committee members' responsibilities will be agreed and ratified by the New Committee at its first meeting)

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AGM 2019

Return to the Secretary, Jackie Fisher, 21 Brockwood Crescent, Keyworth, Nottingham, NG12 5HQ **no later than 9th April 2019**

I propose

To the position of Officer /Committee Member (please circle). The nominee must agree to be nominated*

Proposer's name:Signature:

Seconders name:Signature:

*I confirm that I am prepared to stand for election to the above-mentioned position

Signature of the person being nominated:
